

# FIFTH SUNDAY IN ORDINARY TIME

FEBRUARY 4, 2018



When it was evening, after sunset, they brought to him all who were ill or possessed by demons.

The whole town was gathered at the door.

He cured many who were sick with various diseases, and he drove out many demons, not permitting them to speak because they knew him.

MARK 1:29-39



# Our Lady of Perpetual Help

PARISH & SCHOOL

124 Columbus Street  
Bakersfield, CA 93305

661-323-3108

olphbakersfield.org



## PANCAKE BREAKFAST – February 11th

Next Sunday the *Italian Catholic Federation* will be serving **Pancake Breakfast** including pancakes, scrambled eggs, and sausages. Join us in the hall from 7-10:30 AM. All are welcome!

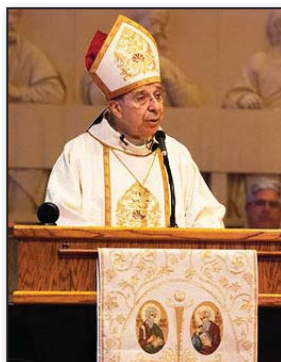
*A once-a-year feature:* Stop by for a bowl of “world famous” **Italian Chili!**

## MOM to Mom

A Support Group for Mothers at Our  
Lady of Perpetual Help Parish & School

All mothers are welcome! Join us in the parish hall/cafeteria from 8:30AM - 10:30AM. Free childcare provided! Questions? Contact the parish office at 661-323-3108 EXT 1.

**Next gathering: Wednesday, February 7, 2018**



## Inaugural Kern Catholic Prayer Breakfast

*Kern Catholic* will host the **first annual Catholic Prayer Breakfast**. The morning is designed to bring Catholics from throughout Kern County together in community to pray, celebrate, and grow in faith.

**Wednesday, March 21st** at St. Francis Church  
6 AM Rosary - 6:25 Mass with Bishop Armando Ochoa  
7:15 Breakfast and Speaker – Concluding by 8:15 AM  
The cost is \$25.00 per person and tickets can be purchased at [kerncatholic.com](http://kerncatholic.com). All are welcome!

## Support the Pro-Life Movement in Kern County! Right to Life's Fish Fry for Life 2018

Join Right to Life for their Fish Fry for Life at 4-8 PM on Friday, February 16 in the parish hall of St. Francis of Assisi Church. Tickets are \$15 and may be purchased at [rtlkc.org](http://rtlkc.org). Proceeds from the dinner support local pro-life efforts, including Student Leaders for Life Scholarships and our prolife training and campus outreach. Questions? Call RTLKC at 661-864-7508 or email [marylee@rtlkc.org](mailto:marylee@rtlkc.org).



## Save the Date!

## Ash Wednesday — FEBRUARY 14

Mass and distribution of ashes:  
6:30 AM, 1 PM, and 6 PM

**Fish Fry dinner hosted by the Knights of Columbus**  
Join us in the hall at 5 PM. \$10=adults, \$6=children

*Note: "A Family Meal" (dinner and video) will not be held on Ash Wednesday.*





**FAMILY MOVIE NIGHT**  
*hosted by the*  
**KNIGHTS OF COLUMBUS**



**DINNER**  
**6:30 PM**

**MOVIE**  
**7:00 PM**

**DESPICABLE**  
**ME 3**

**FEBRUARY 9, FRIDAY**

*A Family Meal*  
**OF CATHOLIC TRADITION**



**FINAL VIDEO FEBRUARY 7<sup>TH</sup>**

**DINNER 5PM • FILM 5:30PM**

*Free! All are welcome!*



**Our Lady of Perpetual  
 Help Catholic School**

Preschool, Transitional  
 Kindergarten (TK),  
 Kindergarten, 1st-8th Grades

Principal: Kelli Michaud

661-327-7741

[www.olph1.org](http://www.olph1.org)

[kmichaudolph@gmail.com](mailto:kmichaudolph@gmail.com)

**Sacraments**

Saturday Vigil Mass: 5:00 PM

Sunday Mass: 7:30, 9:00, 10:30 AM,  
 12:00 noon, 5:30 PM

Daily Mass: 6:30 AM

(Communion Service on Thursday)

Confession: Friday 6 PM until all are

heard; Saturday 3:00-4:30 PM

Anointing of the Sick: Immediately

following every weekend Mass

Exposition of the Blessed Sacrament:

Weekdays 7-9AM, Friday 6 PM

Children's Liturgy of the Word:

Sunday Mass at 9:00 & 10:30AM

Baptism and Marriage: Contact

Fr. Bert (661-323-3108 ext 6)

**Mass Intentions**

- FEB 3** 5:00 PM Herchell Zimmerman  
*(Carolyn Zimmerman & Family)*
- FEB 4** 7:30 AM Eusebio Echevere  
*(J. P. & Loli Dalia)*  
 9:00 AM Missa Pro Populo  
*(Mass for the People)*  
 10:30 AM Adrian Nava *(Navarrete Family)*  
 12:00 PM Tina Ruiz *(Tucker Family)*  
 5:30 PM Marva Duerksen  
*(Bob & Gerry Carr)*
- FEB 5** 6:30 AM Joseph Adams
- FEB 6** 6:30 AM Fr. Bert Mello *(Sara Adams)*
- FEB 7** 6:30 AM Living & Deceased Members of  
 ICF #281
- FEB 8** 6:30 AM *Communion Service*
- FEB 9** 6:30 AM Peggy Sinichko  
 8:15 AM All souls within the parish  
 boundaries of Our Lady of  
 Perpetual Help Parish & School

"The greatest love story of all time is contained in a tiny white Host."

—Venerable Archbishop  
Fulton J. Sheen

"From the Eucharist comes strength to live the Christian life and zeal to share that life with others."

—Pope Saint John Paul II

"The time you spend with Jesus in the Blessed Sacrament is the **best time you will spend on earth**. Each moment that you spend with Jesus will deepen your union with Him and make your soul everlastingly more glorious and beautiful in Heaven, and will help bring about everlasting peace on earth."

—Saint Teresa of Calcutta

"Good friends find pleasure in one another's company. Let us know pleasure in the company of our best Friend, a Friend who can do everything for us, a friend who loves us beyond measure. Here in the Blessed Sacrament we can talk to him straight from the heart."

—Saint Alphonsus de Liguori



# Eucharistic Exposition

OF THE BLESSED SACRAMENT

You are invited to come and enjoy "face time" with Jesus Christ in the Blessed Sacrament! Opportunities within our parish have been expanded.

**WEEKDAYS AFTER MORNING MASS**  
**7 AM — 9 AM**

**FRIDAYS DURING CONFESSION**  
**6 PM**

**NEW!**

**SATURDAYS DURING CONFESSION**  
**3 PM — 4:45 PM**

"A thousand years of enjoying human glory is not worth even an hour spent in sweetly communing with Jesus in the Blessed Sacrament."

—Saint Pio of Pietrelcina

"If people spent one hour per week in Eucharistic Adoration, abortion would be ended."

—Saint Teresa of Calcutta

"Neither theological knowledge nor social action alone is enough to keep us in love with Christ unless both are preceded by a personal encounter with Him. Theological insights are gained not only from between two covers of a book, but from two bent knees before an altar. The Holy Hour becomes like an oxygen tank to revive the breath of the Holy Spirit in the midst of the foul and fetid atmosphere of the world."

—Venerable Archbishop  
Fulton J. Sheen

## VALUES OF SOCIAL DOCTRINE

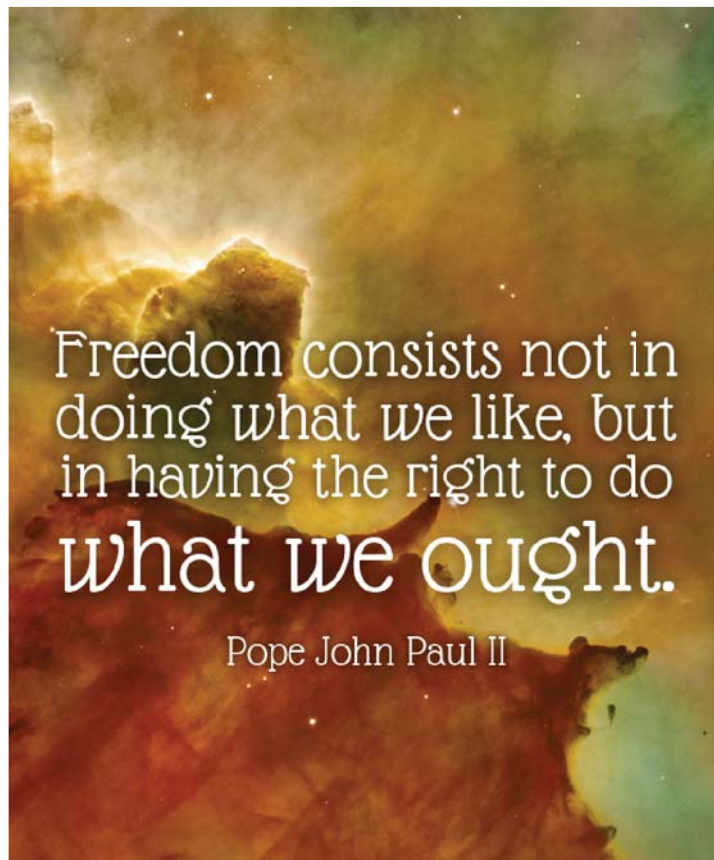
### What values are important in social doctrine?

Three values are fundamental: **TRUTH, FREEDOM, AND JUSTICE**. Yet truly successful human coexistence requires in addition love and mercy. And so Thomas Aquinas says: "Justice without mercy is, cruelty; mercy without justice is the mother of dissolution."

### What does freedom mean?

Being *free* sets man above the animals and in a certain sense even makes him like God. True freedom is not the capacity to choose whatever one wants, good or evil, but rather the capacity to choose the good. Only free human beings can take responsibility. Being personally free makes human beings unique. Within the range of possibilities, someone can freely choose his occupation and his vocation; human beings can come or go, choose this or leave that aside. It is a

fundamental human right the exercise of which must not be restricted without good reason. With respect to freedom of expression, human beings must be allowed to articulate freely



their own religious, political, and cultural ideas. Everyone must be able to express his own opinion in freedom. For this to happen, there must be a legal order that guarantees a person's freedom and protects it against pressure from the misuse of freedom by others.

### Why do we need truth in the life of society?

Truth, translated into my personal life, means truthfulness, honesty. If people do not deal honestly with one another, any society falls apart. When words and actions no longer agree and when we can no longer presume honesty, then mistrust, coldness, and cunning define human coexistence. Another component of truth in the political-economic realm is transparency, both of decisions and of actions. This is especially true when it is a question of the use of financial resources.

### What is justice?

Justice is the constant will "to give their due to God and neighbor" (*Catechism of the Catholic Church* #1807).

Question #s 105-108 of **DoCAT**, the Social Teaching of the Catholic Church for Youth. With thanks to the publisher of the English edition, Ignatius Press ([ignatius.com](http://ignatius.com)), for permission to reprint.



# Steve Ray



**MARCH 2<sup>ND</sup> & 3<sup>RD</sup>**

**Friday 7PM • Sat 9AM & 11AM**

Three talks:

**"FROM BAPTIST TO CATHOLIC" • "DEFENDING THE EUCHARIST"  
"WHAT MUST I DO TO BE SAVED?"**

**FREE! DONATIONS GRATEFULLY APPRECIATED.**

Free childcare provided! All are welcome.



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