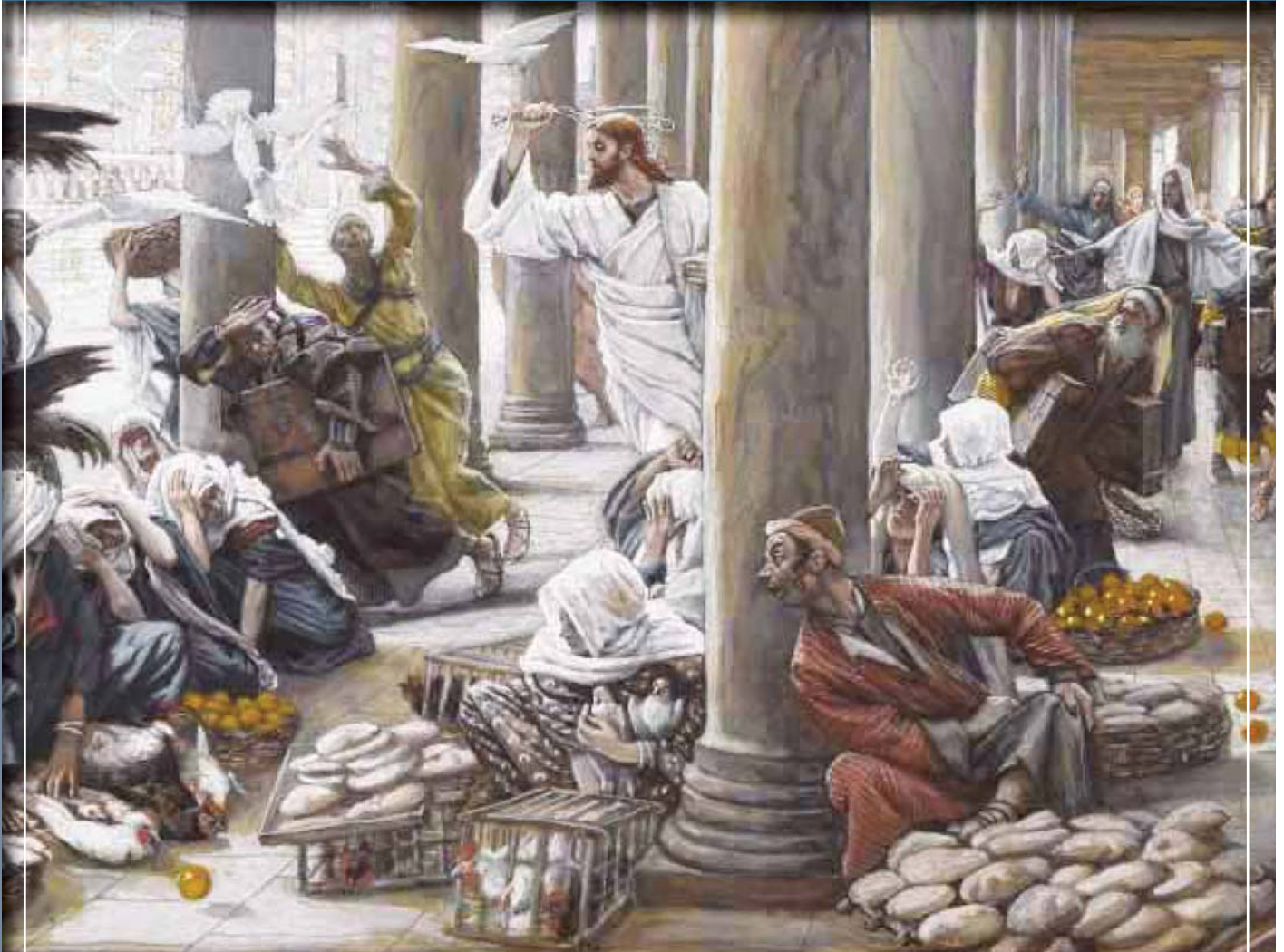


THIRD SUNDAY OF LENT

MARCH 4, 2018



Art by James Tissot

Since the Passover of the Jews was near, Jesus went up to Jerusalem. He found in the temple area those who sold oxen, sheep, and doves, as well as the money changers seated there. He made a whip out of cords and drove them all out of the temple area, with the sheep and oxen, and spilled the coins of the money changers and overturned their tables, and to those who sold doves he said, "Take these out of here, and *stop making my Father's house a marketplace.*"

John 2:13-25



Our Lady of Perpetual Help

PARISH & SCHOOL

124 Columbus Street
Bakersfield, CA 93305

661-323-3108

olphbakersfield.org

Our Lady of Perpetual Help
School & Parish's

'Can Do' Food Drive



to benefit the local St. Vincent de Paul Center starts this week! It will run from **March 5-15**. We accept canned foods, top ramen cups, and soup. Especially appreciated are canned chicken, tuna, Vienna sausages, beef stew, ravioli, and other quick meal items. Drop off your cans (no glass, please) at the church in the marked containers. *Thank you for helping feed the poor!*



**Daylight Savings
Time Begins**

SUNDAY MARCH 11

*Remember to set
your clocks ahead.*

RACHEL'S VINEYARD RETREAT
Healing after abortion for men and women

Contact | 877. 629.6626
Jennifer

Highly confidential

**NEXT RETREAT:
MARCH 23-25, 2018**

ATTENDEE STORIES
rachelvineyard.org/emotions/stories

rachelvineyard.org

Sacraments

Saturday Vigil Mass: 5:00 PM

Sunday Mass: 7:30, 9:00, 10:30 AM,
12:00 noon, 5:30 PM

Daily Mass: 6:30 AM

(Communion Service on Thursday)

Confession: Friday 6 PM until all are
heard; Saturday 3:00-4:30 PM

Anointing of the Sick: Immediately
following every weekend Mass

Exposition of the Blessed Sacrament:
Weekdays 7-9AM, Fridays 6 PM,
Saturdays 3 PM

Children's Liturgy of the Word:

Sunday Mass at 9:00 & 10:30AM

Baptism and Marriage: Contact
Fr. Bert (661-323-3108 ext 6)



Our Lady of Perpetual Help Catholic School

Preschool, Transitional
Kindergarten (TK),
Kindergarten, 1st-8th Grades

Principal: Kelli Michaud

661-327-7741

www.olph1.org

kmichaudolph@gmail.com

Mass Intentions

- MARCH 3** 5:00 PM Joseph Ducato
(*Sonja Ducato & Family*)
- MARCH 4** 7:30 AM Echegaray Family
(*J.P. & Loli Dalia*)
- 9:00 AM Greenlawn Funeral Homes
- 10:30 AM Jim's Supply Co.
- 12:00 PM Johnson Painting
- 5:30 PM Missa Pro Populo
(*Mass for the People*)
- MARCH 5** 6:30 AM ASI Inc.
- MARCH 6** 6:30 AM Weyrich & Jacobsen Families
- MARCH 7** 6:30 AM Living & Deceased Members of
Italian Catholic Federation #281
- MARCH 8** 6:30 AM *Communion Service*
- MARCH 9** 6:30 AM Knight's Jewelers
- 8:15 AM Weyrich & Jacobsen Families

THE FAMILY: THE FOUNDATION OF SOCIETY

What does the family do for the individual?

To experience family is extremely important for the individual human person. Ideally it is the place where he is born and grows up. In the family he experiences for the first time communion with others who by their very nature wish him well and unreservedly love and respect him. In such a positive atmosphere, every family member can develop his capabilities and acquire the strength to face whatever life may bring. That is precisely the purpose of an education based on a Christian view of the human person.

Please share your photo!

As we explore this new section of the *DoCat* on "**The Family: The Foundation of Society**," we are celebrating the GIFT of our parish family! Please consider sharing your family's photo to be printed on this page in an upcoming bulletin.

Each family is unique, and this is an opportunity for us as a parish to celebrate the **gift of each family** — regardless of size, shape, or circumstance. Please email your family photo to Veronica at olphchurch2@gmail.com, or stop by the parish office.

At the same time, the individual persons in the family experience what it means to take responsibility, since a family member cannot simply live for himself alone. Consequently, every role—whether that of the parents, the grandparents, or the children—always has its duties as well toward the other family members.

Does the family also contribute something to society?

Yes, everything that the family accomplishes internally, for itself and for its own members, is socially relevant, too. After all, a society can thrive only if things go well for the individual members of society, if they feel loved and appreciated. In the family, one can learn that prior to the marketplace logic of exchange there is an entirely different kind of give-and-take, *a logic of self-giving and acceptance*.



The Leary Family: Joey, Deborah, Gary, Lauren, Anthony, and Hunter

The fact that individuals also learn in the family the meaning of social responsibility and solidarity likewise benefits society as a whole: someone who proves to be responsible and to practice solidarity "in little things" will be more likely do so "in big things", too. Where does one learn devotion to the poor, the sick, or the elderly better than in the family? Where does one better understand people who are desperate, lonely, or abandoned? How does a person become sensitive to structural social ills if his own family does not set an example? The family thereby makes an irreplaceable contribution to the "humanization of society" (C. Kissling).

Question #s 117-118 of *DoCat*, the Social Teaching of the Catholic Church for Youth. With thanks to the publisher of the English edition, Ignatius Press (ignatius.com), for permission to reprint.

God's Gift of Forgiveness

A Pastoral Exhortation on the Sacrament of Penance and Reconciliation

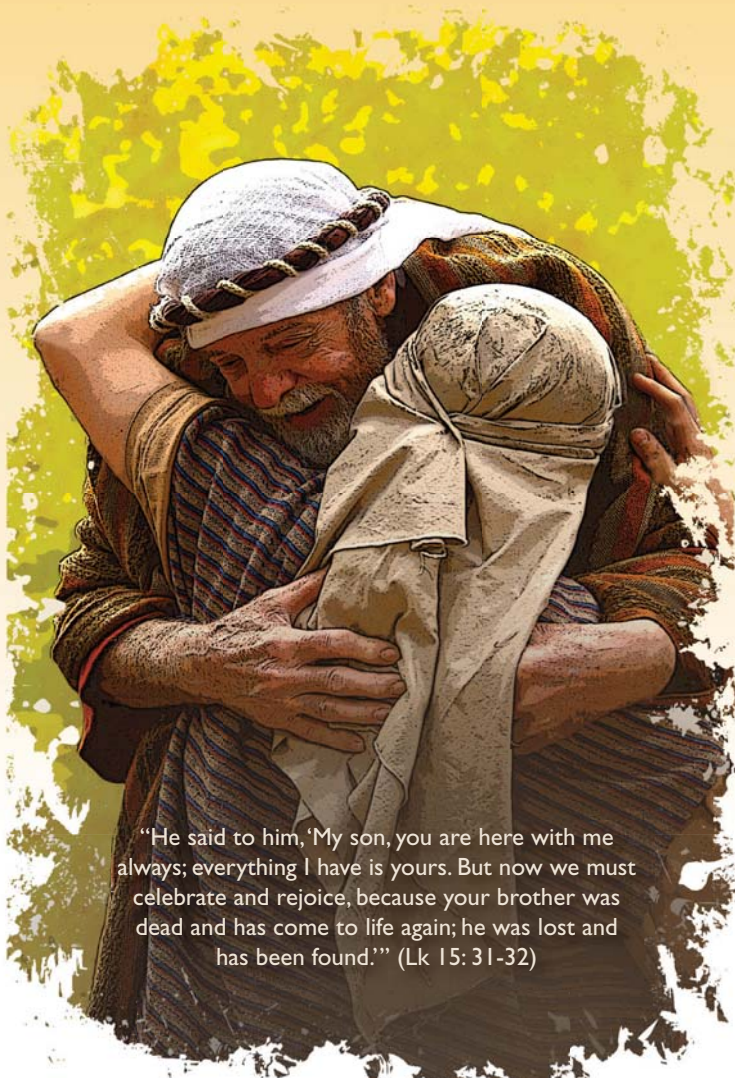
Dear Brothers and Sisters in Christ:

"Peace be with you!" With these words, the Risen Lord greeted his frightened Apostles in the Upper Room on the day of his Resurrection. They were troubled, anxious, and fearful—much like each one of us at some point in our lives. Christ repeated the words, "Peace be with you." But then he added, "Receive the holy Spirit. Whose sins you forgive are forgiven them" (Jn 20:19-23).

What an extraordinary gift! The Risen Lord was proclaiming that all the suffering he had just endured was in order to make available the gifts of salvation and forgiveness. He wanted the Apostles to receive these gifts. He wanted them to become apostles of this forgiveness to others.

In the Sacrament of Penance and Reconciliation, also called confession, we meet the Lord, who wants to grant forgiveness and the grace to live a renewed life in him. In this sacrament, he prepares us to receive him free from serious sin, with a lively faith, earnest hope, and sacrificial love in the Eucharist. The Church sees confession as so important that she requires that every Catholic go at least once a year.¹ The Church also encourages frequent confession in order to grow closer to Christ Jesus and his Body, the Church. By the grace of the Holy Spirit, we seek forgiveness and repentance, let go of patterns of sin, grow in the life of virtue, and witness to a joyful conversion. Since the graces of the sacrament are so similar to the purpose of the New Evangelization, Pope Benedict XVI has said, "The New Evangelization . . . begins in the confessional!"²

We bishops and priests are eager to help you if you experience difficulty, hesitation, or uncertainty about approaching the Lord in this sacrament. If you have not received this healing sacrament in a long time, we are ready to



"He said to him, 'My son, you are here with me always; everything I have is yours. But now we must celebrate and rejoice, because your brother was dead and has come to life again; he was lost and has been found.'" (Lk 15: 31-32)

welcome you. We, whom Christ has ordained to minister this forgiveness in his name, are also approaching this sacrament, as both penitents and ministers, throughout our lives and at this special moment of grace during Lent. We want to offer ourselves to you as forgiven sinners seeking to serve in the Lord's name.

During Lent—in addition to the various penitential services during which individual confession takes place—we bishops and priests will be making ourselves available often for the individual celebration of this sacrament. We pray that through the work of the Holy Spirit, all Catholics—clergy and laity—will respond to the call of the New Evangelization to encounter Christ in the Sacrament of Penance and Reconciliation. Come to the Lord and experience the extraordinary grace of his forgiveness!

¹ *Catechism of the Catholic Church*, nos. 1457-1458.

² Pope Benedict XVI, Address to the Annual Course on the Internal Forum Organized by the Apostolic Penitentiary, www.vatican.va/holy_father/benedict_xvi/speeches/2012/march/documents/hf_ben-xvi_spe_20120309_penitenzieria-apostolica_en.html.

FAITH
WORSHIP
WITNESS



JOURNEY
WITH CHRIST

How to Go to Confession...

May the Passion of Our Lord Jesus Christ,
the intercession of the Blessed Virgin Mary and of all
the saints,
whatever good you do and suffering you endure,
heal your sins,
help you grow in holiness,
and reward you with eternal life.
Go in peace.

—*Rite of Penance*, no. 93

- 1 PREPARATION:** Before going to confession, take some time to prepare. Begin with prayer, and reflect on your life since your last confession. How have you—in your thoughts, words, and actions—neglected to live Christ’s commands to “love the Lord, your God, with all your heart, with all your soul, and with all your mind,” and to “love your neighbor as yourself” (Mt 22:37, 39)? As a help with this “examination of conscience,” you might review the Ten Commandments or the Beatitudes (Ex 20:2-17; Dt 5:6-21; Mt 5:3-10; or Lk 6:20-26).
- 2 GREETING:** The priest will welcome you; he may say a short blessing or read a Scripture passage.
- 3 THE SIGN OF THE CROSS:** Together, you and the priest will make the Sign of the Cross. You may then begin your confession with these or similar words: “Bless me, Father, for I have sinned. It has been [*give days, months, or years*] since my last confession.”
- 4 CONFESSION:** Confess all your sins to the priest. If you are unsure what to say, ask the priest for help. When you are finished, conclude with these or similar words: “I am sorry for these and all my sins.”
- 5 PENANCE:** The priest will propose an act of penance. The penance might be prayer, a work of mercy, or an act of charity. He might also counsel you on how to better live a Christian life.

- 6 ACT OF CONTRITION:** After the priest has conferred your penance, pray an Act of Contrition, expressing sorrow for your sins and resolving to sin no more. A suggested Act of Contrition is:

My God,
I am sorry for my sins with all my heart.
In choosing to do wrong
and failing to do good,
I have sinned against you
whom I should love above all things.
I firmly intend, with your help,
to do penance,
to sin no more,
and to avoid whatever leads me to sin.
Our Savior Jesus Christ
suffered and died for us.
In his name, my God, have mercy.
(*Rite of Penance*, no. 45)

- 7 ABSOLUTION:** The priest will extend his hands over your head and pronounce the words of absolution. You respond, “Amen.”
- 8 PRAISE:** The priest will usually praise the mercy of God and will invite you to do the same. For example, the priest may say, “Give thanks to the Lord for he is good.” And your response would be, “His mercy endures for ever” (*Rite of Penance*, no. 47).
- 9 DISMISSAL:** The priest will conclude the sacrament, often saying, “Go in peace.”

If it has been a while since your last confession, remember, “Do not fear” (Is 41:10). The priest will help guide you. And feel free to take this how-to guide with you! (For more information, visit www.usccb.org/confession.)





VOLUNTEERS NEEDED

If you would enjoy volunteering on weekdays at Our Lady of Perpetual Help Church and School, please call the parish office: 661-323-3108 ext. 1. Volunteers must have completed Safe Environment training ("Safe and Sacred") or be willing to take the online course before volunteering.

Thank you!

A Family Meal OF CATHOLIC TRADITION

FORGIVEN

THE TRANSFORMING POWER OF CONFESSION

THIS WEEK: MARCH 7TH
THE RITE EXPLAINED (33 MIN.)

DINNER 5PM • FILM 5:30PM

Free! All are welcome!

Fertility Care Catholic Style!

Many Catholic women don't know that reproductive healthcare can be provided with great efficiency and success while being *totally and completely consistent with the beliefs of their Catholic faith*. Now, if the Catholic couple is in need of family planning advice or assistance for a reproductive abnormality, **there is an answer** that is completely consistent with their Catholic faith, respectful of the inherent dignity of the Sacrament of Marriage and of women and men. **And it is an answer that works!**

NaProTECHNOLOGY allows the physician to:

- treat ovarian cysts without surgery

- reduce the likelihood of a patient having an unnecessary hysterectomy
- recognize and treat the causes of infertility
- recognize and treat the causes of repetitive miscarriage and ectopic pregnancy
- to date the beginning of pregnancy from its true beginning (the estimated time of conception)
- identify various types of stress as it impacts the reproductive cycle
- treat premenstrual syndrome effectively and target the evaluation of hormones.

Call or stop by the parish office to learn more!